Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Tuesday 30 May 2023 until 23:59 on Wednesday 31 May 2023

Forecast Issued on Monday 29 May 2023 at 16:37 by Met Office Aberdeen

Confidence: High for dry, settled and often sunny conditions. Medium for cloud details from Thursday.

Headline for Tuesday 30 May 2023: Dry, sunny and warm.

Mountain weather hazards on Tuesday 30 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Clear night
Precipitation probability							
00%	00%	00%	00%	00%	00%	00%	00%

Forecast for Tuesday 30 May 2023

Weather: A few shallow mist patches possible in the glens around dawn, perhaps more extensive low cloud developing across Assynt, Ben Hope and the Ben Wyvis areas, otherwise a clear night. A cool start, but soon becoming warm and sunny during the day, any low cloud clearing by mid-morning. Clear spells late evening.

Chance of cloud-free hill tops above 800m: 90%

Low cloud and visibility: Generally no significant cloud, but cloud could be occasional to extensive at first, base surface to 400m, across Assynt, Ben Hope and the Ben Wyvis areas. Visibility good or very good, except in any early low cloud.

Check our weather forecast every day to get the most accurate and up to date information
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Forecast for Tuesday 30 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/6 N	9/10 SE	10/11 W	9/13 W	8/12 NW	8/12 NW	7/10 N	4/6 N	4/7 NE
900	4/5 N	6/8 SE	8/9 W	8/11 W	8/11 NW	8/12 NW	7/10 N	3/5 N	4/7 NE
600	3/5 N	3/4 NE	3/4 NW	7/10 W	6/10 W	6/10 NW	6/10 N	4/6 N	4/7 NE
300	1/5 NE	1/3 E	1/4 SE	3/8 W	5/10 W	5/10 NW	7/11 N	2/4 NE	2/6 NE
Glen	4/5 N	1/2 NW	1/2 NW	5/8 W	8/12 W	6/11 W	6/10 W	2/5 N	2/4 NW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/5	7/4	8/5	9/7	10/8	11/9	9/8	10/9	8/7
900	7/6	7/6	8/6	9/8	10/9	11/10	10/8	10/9	8/7
600	7/7	8/7	9/8	11/9	13/12	14/13	12/10	10/9	8/7
300	9/9	7/7	10/9	14/14	16/15	16/16	15/14	11/11	9/8
Glen	11/10	5/4	11/11	14/13	14/13	16/15	16/15	11/11	7/6
Freezing Level*	2400m	2400m	2400m	2400m	2400m	2500m	2500m	2400m	2400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Strong, warm sunshine giving the risk of sunburn and dehydration.

Forecast for Wednesday 31 May 2023

Weather: Low cloud and mist could become extensive overnight in the north and east, although the summits should remain clear. Any low cloud and mist then lifting and clearing during the morning, the afternoon and evening mainly sunny and warm. However, the low cloud could nudge back into Ben Hope and the north.

Maximum wind: Northwest 10mph

Chance of cloud-free hill tops above 800m: 80%, any early cloud mainly below 800m,

Low cloud and visibility: Often no significant cloud, but occasional or extensive cloud, base 200 to 500m, possible early and later in the day in the north and east. Visibility good or very good, except in any early cloud.

Temperature: **Glens:** Plus 7 Celsius rising to 19 Celsius
At 800m: Plus 6 Celsius rising to 12 Celsius in the afternoon.
Freezing level: Well above the summits.

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